

“Disordered Eating” Presentation Resources

Backcountry Wellness
Greenwich, CT
Weekly therapy
Outpatient and inpatient treatment

Center for Discovery
Various locations including Greenwich, CT
Outpatient and inpatient

Erica Leon Nutrition

Monte Nido Eating Disorder Center of Westchester
White Plains, NY
Outpatient and inpatient services

Monte Nido Clementine
Briarcliff Manor and South Salem, NY
Residential treatment for adolescents

Peaceful Living Counseling Center
Scarsdale, NY
Mental health counseling center

Renfrew Center
White Plains, NY
Outpatient and inpatient services

National Eating Disorders Association
Hotline # 1-800-931-2237
Confidential chat available at <https://www.nationaleatingdisorders.org/>

Parent resource:
Janet Krzemienski (parent who has had firsthand experience with the ED recovery process)
jkrzo@hotmail.com